




































































































































































































































































































































SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SOUTH HIGH SENIOR LIVING	ACTIVITY LEGEND  Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well		Please see Digital Calendar in the front hallway for all Updates	8:00  French Toast Social 9:45  Bible Study : Pastor Hemrick 'Virtual' 11:00  Walking & Wheeling Club 2:00  Christmas Chronicle's 2 4:00  Twirl it Up & Music 6:00  Hidden Among the Pine Cone Puzzle	8:00  Blackberry Pancake Social 9:45  Virtual Bible Study : David Jeremiah 11:00  Going the Distance "Walking Club" 3:00  Happy Hour & Mocktails 5:00  WVLT Christmas Parade (Leave) 7:00  WVLT Christmas Parade Live Ch 8	8:00  Coffee and Cool Facts! 9:30  Bible Devotion 11:00  Walking & Wheeling Club 11:00  Walking & Wheeling Club 2:30  Expressive Arts Social 'Resolutions' 4:00  Bean Bag Bucket Toss 6:00  Resident Experience: Movie Night
9:45  Daily stretches! 11:00  Seymour Christian Church Virtual 1:30  Brain Teasers 3:30  Word 2 Word 5:00  Greystone Church Kids Program 7:00  "Virtual" Woodlawn Christian Church Series: How the Grinch Stole Christmas (Broken Heart)	8:00  Java & Jazz on Tipton Ave 9:45  Temple Baptist 11:00  Path to Wellness : Get Moving 11:30  Mighty Musical Monday at The Tennessee Theater! 2:00  Crafty Club: Make your own stocking 3:30  Stretch it Out 6:00  December IQ Puzzle	 Pet Visits by: Chance 8:00  Waffles & Coffee Social 9:45  Gospel Music and Lyrics 11:00  Grinch Leg's : Let's Get Moving 2:30  New Game Tuesday's Pine Cone Bocce 3:30  Fun with Fitness & Music 6:00  Calculation Crisscross	 Beauty Shop Wednesdays 8:00  Wake- Up Café 9:45  Binghamtown Baptist Church "Virtual" 11:00  The Holy Walkamolies 2:00  Bingo Time 3:00  Timmy's Concert 4:00  Coffee Tea & Real or Fake News 6:00  Art Works	8:00  French Toast Social 9:45  Bible Study : Pastor Hemrick 'Virtual' 11:00  Walking & Wheeling Club 1:00  Shopping Trip: Walmart 2:30  Classic Christmas Movie 4:00  Tone it Up with Music 6:00  Snow Day Puzzle	8:00  Blackberry Pancake Social 9:45  Virtual Bible Study : David Jeremiah 11:00  Going the Distance "Walking Club" 2:30  Crafters Cove 3:00  Happy Hour & Mocktails 6:00  Adventures Travel: North Pole	8:00  Coffee and Cool Facts! 9:30  Bible Devotion 11:00  Walking & Wheeling Club 2:00  Seymour Parade (Leave Parade at 3:00) 2:30  Expressive Arts Social 'Resolutions' 3:30  Christmas Music and Melodies 4:00  Table Games/Jigsaw Puzzle Table 6:00  South High Cinema!
9:45  Morning Stretches! 11:00  Sevier Heights Church "Virtual" 1:30  Word Search 2:30  Bean Bag Toss 4:00  Table Games/Jigsaw Puzzle Table 6:00  "Virtual" Woodlawn Christian Church Series: Elf (Joy)	8:00  Java & Jazz on Tipton Ave 9:45  Temple Baptist 11:00  Path to Wellness : Get Moving 12:00  Lunch @ Chop South 2:30  Crafty Club: Christmas Craft 3:30  Balloon Volley 6:00  Searching for December Word Find	 Pet Visits by: Chance 8:00  Waffles & Coffee Social 9:45  Gospel Music and Lyrics 11:00  Elf Legs : Let's get Moving 2:30  Cookie Decorating 3:15  Menu Meeting 3:30  Moving to beat of Christmas 6:00  South High Cinema!	 Beauty Shop Wednesdays 8:00  Wake- Up Café 9:45  Binghamtown Baptist Church "Virtual" 10:30  Pics with Santa (Fireplace or Truck) 11:00  The Holy Walkamolies 2:30  Random Acts Christmas Program 3:30  Fitness Class with Anna 6:00  "Virtual" Woodlawn Christian Church Series: Home Alone (Loneliness)	8:00  French Toast Social 9:45  Bible Study : Pastor Hemrick 'Virtual' 11:00  Walking & Wheeling Club 2:30  Marc Beeler 3:30  Classic Christmas Movie Thursday 6:00  Dot to Dot Puzzle	8:00  Blackberry Pancake Social 9:45  Virtual Bible Study : David Jeremiah 11:00  Going the Distance "Walking Club" 2:30  Expressive Arts Social! 3:00  Happy Hour & Meet & Greet 6:00  Travelogue : Dahlonega GA	8:00  Coffee and Cool Facts! 9:30  Bible Devotion 11:00  Walking & Wheeling Club 2:30  Expressive Arts Social 'Resolutions' 3:30  Big Band Music 4:00  Table Top Trivia 6:00  Resident Experience: Movie Night
9:45  Morning Stretches! 11:00  2nd Presbyterian Church "Virtual" 1:30  Seek & Find Words 2:30  Christmas Art 4:00  Axe throwing Game 5:30  Woodlawn Christian Church Singing and Services	8:00  Java & Jazz on Tipton Ave 9:45  Temple Baptist 11:00  Path to Wellness : Get Moving 2:00  Holiday Craft 3:30  Flyswatter Volley 6:00  Humphrey Bogart Wordsearch	 Pet Visits by: Chance 8:00  Waffles & Coffee Social 9:45  Gospel Music and Lyrics 11:00  Santa Legs : Lets' Get Moving 11:45  Ed Bolin Acoustics and Guitar Playing 2:00  Activities Council 5:00  Family Night 6:00  Elvis White Christmas	 Beauty Shop Wednesdays 8:00  Wake- Up Café 9:45  Binghamtown Baptist Church "Virtual" 11:00  The Holy Walkamolies 2:30  Bingo 4 Candy 3:30  Fitness Class with Anna 6:00  Woodlawn Christian Church Series: Its a Wonderful Life "Hope"	8:00  French Toast Social 9:45  Bible Study : Pastor Hemrick 'Virtual' 11:00  Walking & Wheeling Club 1:00  Shopping: Walmart 2:00  Classic Movie "Christmas" 4:00  Twirl it Up & Music 6:00  Spelling A Christmas Carol	8:00  Blackberry Pancake Social 9:00  Happy Hour! 9:45  Virtual Bible Study : David Jeremiah 11:00  Going the Distance "Walking Club" 2:30  Arts & Crafts Table 6:00  YouTube Travelogue : National Geographic Expeditions	8:00  Coffee and Cool Facts! 9:30  Bible Devotion 11:00  Walking & Wheeling Club 2:30  Expressive Arts Social 'Resolutions' 3:30  Word 2 Word Holiday Edition 4:00  Music & Melodies
	8:00  Java & Jazz on Tipton Ave 9:45  Temple Baptist 11:00  Path to Wellness : Get Moving 2:30  Hot Apple Cider 4:00  Table Top Trivia 6:00  Cards or Puzzles!	 Pet Visits by: Chance 8:00  Waffles & Coffee Social 9:45  Gospel Music and Lyrics 11:00  Scrambled Legs: Let's get Moving 2:30  Resident Council 3:30  Monthly Birthday Bash Hosted by UT Home Health 4:00  Gathering Around the Table 6:00  Wacky Wordies	 Beauty Shop Wednesdays 8:00  Wake- Up Café 9:45  Binghamtown Baptist Church "Virtual" 11:00  The Holy Walkamolies 2:00  Expressive Arts Social! 3:00  Health Chat with Anna 3:30  Fitness Class with Anna 6:00  Interactive Bible Trivia	8:00  French Toast Social 9:45  Bible Study : Pastor Hemrick 'Virtual' 11:00  Walking & Wheeling Club 2:30  Classic Movie Thursday 4:00  Ribbon Exercise 6:00  Table Top Trivia	8:00  Blackberry Pancake Social 9:45  Virtual Bible Study : David Jeremiah 11:00  Going the Distance "Walking Club" 2:00  New Years Eve Eve Party with Champagne and Music 3:00  NYE Puzzle 6:00  @the Cinema	8:00  Coffee and Cool Facts! 9:30  Bible Devotion 11:00  Walking & Wheeling Club 2:30  Expressive Arts Social 'Resolutions' 3:30  Trivia & Art Page 6:00  Resident Experience: Movie Night 11:59  Dick Clarks Rock & New Years Countdown (8PM)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SOUTH HIGH SENIOR LIVING	ACTIVITY LEGEND  Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well			9:30  Worship Thursdays! 10:30  Tune into me! 1:30  Creative Expressions: Snowflake Craft 2:30  Bingo Time 3:30  Gen-Narrations! 4:00  Mindfulness Meditation 6:00  Poet's Corner!	9:45  Sing Along Gospel Hymns 10:30  Sittercise 11:00  Bowling Game 1:30  Culinary Creation! Mocktails 2:30  Ornament Decorating! 3:30  Tune into me 4:00  Reminiscing: Favorite Christmas Tradition 6:00  Puzzle Social	9:00  Saturday Devotion 11:00  Music & Dance Moves 1:30 Matching Game 2:30  Arts & Crafts 3:30  Noodle Volley 4:00  Music & Melodies 6:00  Movie time!
9:00  Bible Study 9:30  Morning Stretches! 10:30  Adult Coloring Sheets & Music 1:30  Brain Teasers 2:30  Culinary Creations: DIY Snack Bags 3:30  Matching Game 4:00  Relaxation Station! 6:00  Board Game Social!	9:45  Temple Baptist 10:30  Morning Moves 11:00  Price is Right Gen 2 11:05  Balloon Volley Gen 1 1:30  Culinary Creation! 2:30  Monday Manicure Gen1 3:30  Manicure Monday Gen 2 4:00  Gen Narrations! 6:00  Color Therapy	9:45  Pet Visits by: Chance 9:45  Gospel Sing Along 10:30  Christmas Stories & Hot Cocoa 1:30  Pet Visits by: Chance 2:30  Flyswatter Volley 3:30  Expressive Design 4:00  Relaxation Station	9:45  Billy Graham Classics 10:30  Brain Teasers & Other Games 11:00  Price is Right 1:30  Penny Tossing Game: Christmas Snack Cakes 2:30  Gen-Narrations! 3:00  Timmy's Concert 6:00  Ring Toss	9:30  Worship Thursdays! 10:30  Tune into me! 1:30  Creative Expressions: Elf Craft 2:30  Bingo Time 3:30  Gen-Narrations! 4:00  Mindfulness Meditation 6:00  Music & Melodies	9:45  Sing Along Gospel Hymns 10:30  Sittercise 11:00  Bowling Game 1:30  Culinary Creation! Mocktails 2:30  Adult Coloring Sheets & Music 3:30  Tune into me 4:00  Board Game Social! 6:00  Word Scramble	9:00  Saturday Devotion 11:00  Music & Dance Moves 2:00  Seymour Parade (Leave Parade at 3:00) 2:30  Bean Bag Bucket Toss! 3:30  Magazine Social 4:00  Music & Melodies 6:00  Saturday Night Movie
9:00  Bible Study 9:30  Morning Stretches! 10:30  Adult Coloring Sheets & Music 1:30  Seated Yoga 2:30  Culinary Creations: DIY Snack Bags 3:30  Word Puzzles 4:00  Relaxation Station! 6:00  Target Practice	9:45  Temple Baptist 10:30  Morning Moves 11:00  Price is Right Gen 2 11:05  Balloon Volley Gen 1 1:30  Culinary Creation! 2:30  Monday Manicure Gen1 3:30  Manicure Monday Gen 2 4:00  Gen Narrations! 6:00  Color Therapy	9:45  Pet Visits by: Chance 9:45  Old Time Gospel Sing Along 10:30  Christmas Stories & Hot Cocoa 1:30  Pet Visits by: Chance 2:30  Tune into me 3:00  Bowling Game 3:30  Expressive Design 4:00  Relaxation Station 6:00  Axe Throwing Game	9:45  Billy Graham Classics 10:30  Brain Teasers & Other Games 11:00  Price is Right 1:30  Balloon Volley 2:30  Random Acts Christmas Program 2:30  Gen-Narrations! 3:30  Fitness Class with Anna 4:00  Raise the Curtain! 6:00  Ring Toss	9:30  Worship Thursdays! 10:30  Tune into me! 1:30  Creative Expressions: Santa Art 2:30  Marc Beeler 3:30  Classic Christmas Movie Thursday 4:00  Mindfulness Meditation 6:00  Poet's Corner!	9:45  Sing Along Gospel Hymns 10:30  Sittercise 11:00  Bowling Game 1:30  Culinary Creation! Mocktails 2:30  Adult Coloring Sheets & Music 3:30  Tune into me 4:00  Winter Reminiscing 6:00  Word 2 Word - Winter	9:00  Saturday Devotion 11:00  Music & Dance Moves 1:30 Matching Game 2:30  Arts & Crafts 3:30  Indoor/Outdoor Games 4:00  Music & Melodies 6:00  Saturday Night Movie
9:00  Bible Study 9:30  Morning Stretches! 10:30  Adult Coloring Sheets & Music 1:30  Seated Yoga 2:30  Culinary Creations: DIY Snack Bags 3:30  Matching Game 4:00  Relaxation Station! 6:00  Board Game Social!	9:45  Temple Baptist 10:30  Morning Moves 11:00  Price is Right Gen 2 11:05  Balloon Volley Gen 1 1:30  Culinary Creation! 2:30  Monday Manicure Gen1 3:30  Manicure Monday Gen 2 4:00  Gen Narrations! 6:00  Color Therapy	9:45  Pet Visits by: Chance 9:45  Gospel Sing Along 10:30  Christmas Stories & Hot Cocoa 1:30  Pet Visits by: Chance 2:30  Noodle Volley 3:30  Expressive Design 4:00  Relaxation Station 5:00  Family Night 6:00  Elvis White Christmas	9:45  Billy Graham Classics 10:30  Brain Teasers & Other Games 11:00  Price is Right 1:30  Penny Tossing Game: Christmas Snack Cakes 2:30  Gen-Narrations! 3:30  Fitness Class with Anna 6:00  Ring Toss	9:30  Worship Thursdays! 10:30  Tune into me! 1:30  Creative Expression: Reindeer Art 2:30  Bingo Time 3:30  Gen-Narrations! 4:00  Mindfulness Meditation 6:00  Music & Melodies	9:45  Sing Along Gospel Hymns 10:30  Sittercise 11:00  Bowling Game 1:30  Culinary Creation! Mocktails 2:30  Adult Coloring Sheets & Music 3:30  Tune into me 4:00  Matching Game 6:00  Word Search Social!	9:00  Saturday Devotion 11:00  Music & Dance Moves 1:30  December Trivia 2:30  Bean Bag Bucket Toss! 3:30  Magazine Social 4:00  Music & Melodies 6:00  Expressive Arts
 Merry Christmas! 9:00  Bible Study 9:30  Morning Stretches! 10:30  Adult Coloring Sheets & Music 1:30  Brain Teasers 2:30  Culinary Creations: DIY Snack Bags 3:30  Word Puzzles 4:00  Relaxation Station! 6:00  Target Practice	9:45  Temple Baptist 10:30  Morning Moves 11:00  Price is Right Gen 2 11:05  Balloon Volley Gen 1 1:30  Culinary Creation! 2:30  Monday Manicure Gen1 3:30  Manicure Monday Gen 2 4:00  Gen Narrations! 6:00  Color Therapy	9:45  Pet Visits by: Chance 9:45  Gospel Sing Alongs! 10:30  Christmas Stories & Hot Cocoa 1:30  Pet Visits by: Chance 2:30  Noodle Volley 3:30  Expressive Design 4:00  Relaxation Station 6:00  Axe Throwing Game	9:45  Billy Graham Classics 10:30  Brain Teasers & Other Games 11:00  Price is Right 1:30  Balloon Volley 2:30  Gen-Narrations! 3:30  Fitness Class with Anna 4:00  Raise the Curtain 6:00  Ring Toss	9:30  Worship Thursdays! 10:30  Tune into me! 1:30  Creative Expression: Abstract Art 2:30  Bingo Time 3:30  Gen-Narrations! 4:00  Mindfulness Meditation 6:00  Poet's Corner!	9:45  Sing Along Gospel Hymns 10:30  Sittercise 11:00  Bowling Game 1:30  Culinary Creation! Mocktails 2:30  Adult Coloring Sheets & Music 3:30  Tune into me 4:00  Brain Teasers 6:00  Card Game Social	9:00  Saturday Devotion 11:00  Music & Dance Moves 1:30 Matching Game 2:30  Arts & Crafts 3:30  Trivia & Art Page 4:00  Music & Melodies 6:00  Relaxation Station 11:59  Dick Clarks Rock & New Years Countdown (8PM)