





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>SOUTH HIGH SENIOR LIVING</p>	<p>ACTIVITY LEGEND</p> <ul style="list-style-type: none"> Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well 	<p> Pet Visits by: Chance 1</p> <p>8:00 Waffles & Coffee Social 9:45 Gospel Music and Lyrics 11:00 Silver Sneakers "Let's Go" 2:30 New Game Tuesday's 3:30 Fun with Fitness & Music 6:00 Magnetic Darts</p>	<p> Beauty Shop Wednesdays 2</p> <p>8:00 Coffee Tea & Current Events 9:45 Binghamtown Baptist Church "Virtual" 10:30 Hot Cocoa Bar "Fireplace" 11:00 The Holy Walkamolies 2:30 Cooking Class: Banana Pudding 3:30 Fitness Class with Anna 6:00 Family Night Bingo</p>	<p>8:00 French Toast Social 9:45 Bible Study with Mac Pharmacy 3 11:00 Walking & Wheeling Club 1:00 Shopping Trip: Walmart 2:30 Classic Movie Thursday 4:00 Twirl it Up & Music 6:00 Crazy 8's with Whitney</p>	<p>8:00 Blackberry Pancake Social 9:45 Virtual Bible Study : David Jeremiah 4 11:00 Going the Distance "Walking Club" 2:00 Foothills Scenic Drive 3:30 Happy Hour & Mocktails 6:00 YouTube Travelogue : Great Smoky Mountains</p>	<p>8:00 Coffee and Cool Facts! 5 9:30 Bible Devotion 11:00 Walking & Wheeling Club 2:30 Expressive Arts Social! 3:30 Tennessee vs Georgia 4:00 Bean Bag Bucket Toss 6:00 Resident Experience: Movie Night</p>
<p> Don't forget to set those clocks back! 6</p> <p>9:45 Daily stretches! 11:00 Seymour Christian Church Virtual 1:30 Brain Teasers 2:30 Gospel Music & Melodies 3:30 Word 2 Word 4:00 Art Works: Clock Art 6:00 Documentaries Sundays</p>	<p>8:00 Morning Coffee & Jazz Music 7 9:45 Temple Baptist 11:00 Path to Wellness : Get Moving 11:30 Mighty Musical Monday at The Tennessee Theater! 2:00 Crafts Corner 3:30 Stretch it Out 6:00 Table Games</p>	<p> Pet Visits by: Chance 8</p> <p>8:00 Waffles & Coffee Social 9:45 Gospel Music and Lyrics 11:00 Silver Sneakers "Let's Go" 2:30 Table Games 3:30 Megan "Crochets" Class "Learning" 4:00 Election News 6:00 Fire & Bourbon</p>	<p> 80's Days</p> <p> Beauty Shop Wednesdays 9</p> <p>8:00 Coffee Tea & Current Events 9:45 Binghamtown Baptist Church "Virtual" 10:30 Hot Cocoa Bar "Fireplace" 11:00 The Holy Walkamolies 11:30 Random Acts 80's Music Band 2:30 Painting With a Twist! 3:30 Fitness Class with Anna 6:00 Family Bingo Night!</p>	<p>8:00 French Toast Social 10 9:45 Bible Study : Pastor Hemrick "Virtual" 11:00 Walking & Wheeling Club 2:30 Throwback Movie Classic 4:00 Tone it Up with Music 6:00 Crazy 8's with Whitney</p> 	<p> Veterans Day 11</p> <p>8:00 Blackberry Pancake Social 9:45 Virtual Bible Study : David Jeremiah 10:00 97th Annual Veterans Day Parade of Knoxville 10:40 11:00 Going the Distance "Walking Club" 2:30 Veterans Day Social and Recognizing our Veterans 3:30 Happy Hour & Mocktails 6:00 Adventures Travel: New England</p>	<p>8:00 Coffee and Cool Facts! 12 9:30 Bible Devotion 11:00 Walking & Wheeling Club 2:30 Expressive Arts Social! 3:30 60' Music Elvis, Sinatra, Martin 4:00 Table Games/Jigsaw Puzzle Table 6:00 South High Cinema!</p>
<p>9:45 Morning Stretches! 13 11:00 Sevier Heights Church "Virtual" 1:30 Word Search 2:30 Gospel Music & Melodies 4:00 Art Works: Bottle Art 6:00 Documentaries Sundays</p> 	<p>8:00 Morning Coffee & Jazz Music 14 9:45 Temple Baptist 11:00 Path to Wellness : Get Moving 11:30 Lunch @ Cracker Barrel 2:00 Crafts by Marylin: Thankful Door Quilt 3:30 Balloon Volley 6:00 Cards and Games</p>	<p> Cowboy Day Dress-Up 15</p> <p> Pet Visits by: Chance</p> <p>8:00 Waffles & Coffee Social 9:45 Gospel Music and Lyrics 11:00 Silver Sneakers "Let's Go" 11:45 Ed Bolin Acoustics and Guitar Playing 2:30 Rays Rocking Cowboy Show 3:45 Activities Council and Drinks 6:00 Western Movie</p>	<p> National Bundt Cake Beauty Shop Wednesdays 16</p> <p>8:00 Coffee Tea & Current Events 9:45 Binghamtown Baptist Church "Virtual" 10:30 Hot Cocoa Bar "Fireplace" 11:00 The Holy Walkamolies 2:30 Bingo 4 Candy 3:30 Fitness Class with Anna 6:00 Bundt Cake Social</p>	<p>8:00 French Toast Social 17 9:00 Bible Study : Pastor Hemrick "Virtual" 11:00 Walking & Wheeling Club 2:00 Classic Movie Thursday 5:00 Fireside Social with Family and Friends 6:00 Crazy 8's with Whitney</p>	<p>8:00 Blackberry Pancake Social 18 9:45 Virtual Bible Study : David Jeremiah 11:00 Going the Distance "Walking Club" 1:00 Shopping Trip: Walmart 2:30 Painting Snowflakes 3:30 Happy Hour & Meet & Greet 6:00 Travelogue : Colorado Mountains</p>	<p>3:30 Adult Art 19 8:00 Coffee and Cool Facts! 9:30 Bible Devotion 11:00 Walking & Wheeling Club 2:30 Expressive Arts Social! 3:30 Big Band Music 4:00 Table Top Trivia 6:00 Resident Experience: Movie Night</p>
<p>9:45 Morning Stretches! 20 11:00 2nd Presbyterian Church "Virtual" 1:30 Seek & Find Words 1:30 Brain Teasers 2:30 Gospel Music & Melodies 4:00 Art Works: Thanksgiving Singing and Services 5:00 Woodlawn Christian Church 6:00 Documentaries Sundays</p>	<p>8:00 Morning Coffee & Jazz Music 21 9:45 Temple Baptist 11:00 Path to Wellness : Get Moving 2:00 Holiday Craft 3:30 Flyswatter Volley 6:00 Donominos and other Games</p>	<p> Pet Visits by: Chance 22</p> <p>8:00 Waffles & Coffee Social 9:45 Gospel Music and Lyrics 11:00 Silver Sneakers "Let's Go" 2:30 Resident Council 4:00 Gathering Around the Table 6:00 Axe Throwing Game</p> 	<p> National PJ Day "wear your favorite pj's" 23</p> <p> Beauty Shop Wednesdays</p> <p>8:00 Coffee Tea & Current Events 9:45 Binghamtown Baptist Church "Virtual" 10:30 Hot Cocoa Bar "Fireplace" 11:00 The Holy Walkamolies 2:00 Popcorn, Snacks, Drinks & Christmas Chronicles Movie 6:00 Interactive Bible Trivia</p>	<p> Happy Thanksgiving! 24</p> <p>8:00 French Toast Social 9:00 98th Annual Macy's Thanksgiving Parade NBC 11:00 Walking & Wheeling Club 12:00 Family & Friends Gather 2:30 Christmas Movie Classic 6:00 Christmas Scenes and Music</p>	<p>8:00 Blackberry Pancake Social 25 9:45 Virtual Bible Study : David Jeremiah 11:00 Going the Distance "Walking Club" 2:30 Arts & Crafts Table 3:30 Bean Bag Bucket Toss 6:00 YouTube Travelogue : National Geographic Expeditions</p>	<p>8:00 Coffee and Cool Facts! 26 9:30 Bible Devotion 11:00 Walking & Wheeling Club 2:30 Expressive Arts Social! 3:30 Word 2 Word Holiday Edition 4:00 Music & Melodies 6:00 South High Cinema!</p>
<p>9:45 Daily stretches 27 11:00 Temple Baptist "Live Virtual" 1:30 Word Connect 2:30 Gospel Music & Melodies 4:00 Fall Art: Christmas 6:00 Documentaries Sundays</p>	<p>8:00 Morning Coffee & Jazz Music 28 9:45 Temple Baptist 11:00 Path to Wellness : Get Moving 1:00 Road Trip: Walmart 3:00 Tree Decorating and Christmas Movies 6:00 Cards or Puzzles!</p>	<p> Pet Visits by: Chance 29</p> <p>8:00 Waffles & Coffee Social 9:45 Gospel Music and Lyrics 11:00 Silver Sneakers "Let's Go" 2:30 Crafts by Megan "Crochets" 3:30 Monthly Birthday Bash Hosted by UT Home Health 6:00 Plinko Game</p>	<p> Beauty Shop Wednesdays 30</p> <p>8:00 Coffee Tea & Current Events 9:45 Binghamtown Baptist Church "Virtual" 10:30 Hot Cocoa Bar "Fireplace" 11:00 The Holy Walkamolies 2:00 Tennessee Jewels: Christmas Show 3:00 Health Chat with Anna 6:00 Road Trip: Shadrack's Christmas Lights!</p>	